

Integra is the trading arm of South Gloucestershire Council

Online Lessons and Activities

The activities in pink are shown live – the ones in light blue are shown at the time given but then can be watched later on YouTube or Facebook to fit in with your family plans.

Time	Monday 23 March	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
9:00	PE with Joe Wicks on YouTube https://www.youtube.com/watch?v=Rz0go1pTda8	PE with Joe	PE with Joe	PE with Joe	PE with Joe
	Maths with Gareth Metcalf Y3/4/5/6 http://www.iseemaths.com/home-lessons/	Maths with Gareth	Maths with Gareth	Maths with Gareth	Maths with Gareth
	Maths with Carole Vordeman www.themathsfactor.com	Maths with Carole	Maths with Carole	Maths with Carole	Maths with Carole
9:30	Wildlife with Steve Backshall on Facebook, YouTube for answering all your wildlife, biology, conservation, geography and exploration questions. Check out the Q&A videos. https://www.youtube.com/watch?v=eKHBVWM8Aio				
10:00					Music with Mylene Klass on YouTube https://www.youtube.com/channel/UCQh2wgJ5tOrxYBn6jFXsXQ Play your name – already available
10:30					
11:00	Let's Go Live Science and nature with Maddie Moate and Gregg https://www.youtube.com/playlist?list=PLmTANLv-GyXWvII2La-sXEePmN2PC9H3g	Let's Go Live	Let's Go Live	Let's Go Live	Let's Go Live
	David Walliams Storytime – free story every day on his website www.workofdavidwalliams.com	Storytime	Storytime	Storytime	Storytime

	Draw a story with Steven Antony for 6+ https://www.instagram.com/MrSteveAntony/	Draw a story	Draw a story	Tips for aspiring picture books makers for 6+	Mr Panda Fridays for 0+
11.30	Dance with Oti Mabuse on Facebook every day https://www.facebook.com/OtiMabuse/	Shake it with Oti	Shake it with Oti	Shake it with Oti	Shake it with Oti
12.00	Cooking with Jamie Oliver www.jamieoliver.com/features/category/get-kids-cooking/	Cooking with Jamie Oliver	Cooking with Jamie Oliver	Cooking with Jamie Oliver	Cooking with Jamie Oliver
12:10	BBC Newsround – also on at 9:15am and 4:00pm daily https://www.bbc.co.uk/newsround/51964941				
1.00	Music with Myleene Klass https://youtube.com/channel/UCQh2wgJ5tOrixYBn6jFXsXQ	Music with Myleene Class	Music with Myleene Klass	Music with Myleene Klass	Music with Myleene Klass
1.30	Dance with Darcey Bussell https://twitter.com/diversedancemix/status/1241098264373592065	Dance with D.B	Dance with D.B	Dance with D.B	Dance with D.B
2.00	History with Dan Snow (free for 30 days) https://tv.historyhit.com/signup/package	History with Dan Snow	History with Dan Snow	History with Dan Snow	History with Dan Snow
4.00	Home Economics with Theo Michaels https://www.instagram.com/theocooks		Home Economics with Theo Michaels		Home Economics with Theo Michaels
5.00	Daily Story with Chris Houghton https://www.instagram.com/chrishaughton/?utm_source=ig_embed	Daily Story with Chris Houghton	Daily Story with Chris Houghton	Daily Story with Chris Houghton	Daily Story with Chris Houghton
6.00	Daily story with Oliver Jeffers Instagram live: @oliverjeffers	Daily story with Oliver Jeffers	Daily story with Oliver Jeffers	Daily story with Oliver Jeffers	Daily story with Oliver Jeffers